



SAMPLE REPORT

09-May-1990 Female

P: 1300 688 522
E: info@nutripath.com.au

16 HARKER STREET
BURWOOD VIC 3125

Dr.SAMPLE REPORT
TEST HEALTH CENTRE
123 TEST STREET
BURWOOD VIC 3125

LAB ID : 3814202
UR NO. :
Collection Date : 09-May-2022
Received Date:09-May-2022



3814202

BIOCHEMISTRY

BLOOD - SERUM	Result	Range	Units	
25 OH VITAMIN D	85	50 - 250	nmol/L	

Vitamin D Comment

The Working Group of the Australian and New Zealand Bone and Mineral Society, Endocrine Society of Australia and Osteoporosis Australia have recommended that the Vitamin D level should be greater than 50 nmol/L.

Recommended Target Range:	125 - 200	nmol/l
Deficient Level:	< 50	nmol/l
Insufficient Level:	50 - 74	nmol/l
Sufficient Level:	75 - 250	nmol/l
Excessive Level:	> 250	nmol/l

COMMENT:

25-hydroxy Vitamin represents the body's stores/reserves level. Where levels are deemed sub-optimal, consider assessing 1-25-dihydroxy Vitamin D3 (the active form of the molecule). This may be tested off the existing specimen at the laboratory within 7 days. If you wish to proceed with this test, please forward a new request form for this patient.

BLOOD - PLASMA	Result	Range	Units	
HOMOCYSTEINE	16.0 *H	5.0 - 12.0	umol/L	

INTEGRATIVE MEDICINE

BLOOD - SERUM	Result	Range	Units	
Free Copper Index				
COPPER	18.6	11.0 - 22.0	umol/L	
CAERULOPLASMIN	0.27	0.18 - 0.40	g/L	
% Free Copper	31 *H	5 - 25	%	

(*) Result outside normal reference range

(H) Result is above upper limit of reference rang



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Integrative Medicine Comments

Plasma Copper Reference Ranges (Additional):
Female on Contraceptives: 20.8 - 34.8 umol/L
ELEVATED Cu/Zn RATIO:

The ratio of copper to zinc is clinically more important than the individual levels of each analyte.

Elevated copper/Zinc ratios can be particularly serious for persons with low blood histamine (over methylation). This combination of imbalances has been associated with anxiety, panic disorders, paranoia and hallucinations.

ELEVATED FREE COPPER:
Consider chelation therapy, Vit C, Zinc, Molybdenum, Glutamine, Histidine and threonine.

Optimal free Copper of 5-25% is recommended by Dr B Walsh.
Retesting Zinc and Copper levels after 3 months of treatment is recommended.

Signs of Cu overload include hyperactivity, skin sensitivity to metals. Skin tags, estrogen dominance, emotional meltdowns, tinnitus, abnormal periods.

HISTAMINE	33.0	28.0 - 51.0	ug/L	
Histamine Comment	Whole Blood Histamine level is within range.			
BLOOD - NA HEP				
ZINC	14.1	9.0 - 19.0	umol/L	
Copper/Zinc Ratio	1.32 *H	0.80 - 1.00	RATIO	

Tests ordered: HIAM,ZN,HOMO,IMPEI,VITD,CFee,Cu/Zn,FCuInd,PfeifeeB
(*) Result outside normal reference range (H) Result is above upper limit of reference rang